

Community Outreach and Training Workgroup Meeting August 13, 2019, 1:00 p.m.

Governor's Office of Youth, Faith and Family Conference Room B

1700 West Washington St, Suite 230, Phoenix, AZ 85007

A general meeting of the Community Outreach and Training Workgroup convened on August 13, 2019 at the Governor's Office of Youth, Faith and Family, Conference Room B, 1700 West Washington Street, Suite 230 Phoenix, Arizona 85007.

Members Present (11)	
Tracy Cruickshank, Co-Chair, Maricopa County Department of Public Health	
Jacqueline Kurth, Co-Chair, Industrial Commission of Arizona	
Jessica Bell, Arizona State Board of Pharmacy [Proxy Doug Skvarla]	
Deborah Stoks, Arizona Air National Guard (AZNG)	
Melinda Cobb, Arizona Department of Health Services [Proxy Laci Ampadu] [Telephonic]	
Sheila Sjolander, Arizona Department of Health Services	
Lolan Lauvao, Phoenix Indian Center	
Alyssa Padilla, University of Arizona Center for Rural Health [Telephonic]	
Brett Klein, AZ High Intensity Drug Trafficking Area	
Gabrielle Richard, Arizona Health Care Cost Containment System (AHCCCS)	
Thomas Kelly, Apache Junction Police Department [Telephonic]	
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Staff/Guests Present (7)	Members Absent (4)
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Call to Order

• **Jacqueline Kurth, Co-Chairperson,** called the Community Outreach and Training Work Group meeting to order at 1:02 pm with nine (9) members and seven (7) staff and guests present.

Welcome/Introductions

• **Co-Chairperson Tracy Cruickshank**, welcomed everyone and asked them to introduce themselves and the agency they represent.

Approval of Minutes

Minutes for the meeting held July 9th, 2019, were reviewed. No revisions were suggested.
 Brett Klein made a motion to approve the minutes with no revisions. The motion was seconded by Lolan Lauvao. Motion passed with no dissenting votes

Neonatal Abstinence Syndrome Community Toolkit and Vote

- Co-chairperson Jacqueline Kurth introduced the first agenda item and invited Sara Rumann, ADHS, and Joyce Bulman, of Hushabye Nursery to give a presentation and overview on the Neonatal Abstinence Syndrome Community Toolkit.
- Ms. Rumann reviewed the definition of Neonatal Abstinence Syndrome (NAS) and stated the rate of NAS has been rising across the nation since 2009. She clarified the reports have begun to level off.
- **Ms. Rumann** stated there is a laundry list of short and long term consequences of NAS including but not limited to low birth rate, ADHD; and difficulty with emotional regulation.
- The AZ NAS task force over consists of over 100 people participating from around the state. Their Goal 2 action item 5 is to provide more training resources to the community and would like the Community Training and Outreach workgroup to consider adding the Neonatal Abstinence Syndrome Community Toolkit to the Rx Toolkit.
- Ms. Rumann reported she has been able to present to several key audiences; who
 provided feedback on the power point and video including key content experts at ADHS
 have provided feedback on the content. Individuals in the community who would like to
 do like present are able to request a baby doll, blankets, and pacifiers to perform local
 presentations.
- **Ms. Rumann** clarified some babies do not show signs of withdrawal at the hospital and up to even three days can go by before the baby starts to show withdrawal symptoms
- Ms. Rumann introduced Joyce Bulman, Vice President of Hushabye Nursery board. Ms. Bulman stated Husbye Nursery started about 3 years ago. The goal of the agency is to provide a safe space for NAS babies. There are many children who go home and have not shown any withdrawal symptoms in the hospital however then their cry becomes very shrill. Unfortunately often times these baby will show back up in the emergency room because of withdrawal symptoms or some type of trauma.
- Ms. Bulman stated Hushabye Nursery is a two prong approach. They want to engage moms before they give birth and help prepare them for what happens when they come to hospital. We are working on opening an inpatient facility which would be a 21 day stay with 24 skilled nursery. We will help the baby withdrawal safely. The goal is to surround mom and kinship providers with a variety of services. Hushabye Nursery has worked with 71 babies thus far and they continue to stay in contact once mom and baby gone home.
- Tracy Cruickshank asked how many of the babies born with NAS were born to moms receiving MAT and Ms. Rumann estimated about 48%.
- Jacqueline Kurth explained COT's goal is to create a resource hub with different prevention toolkits and asked if the vision would be to have link or a downloadable toolkit option. Ms. Rumann said ADHS is working on a NAS website right now and so now it would need to be downloaded

- Alyssa Padilla clarified where the NAS toolkit is currently available and Ms. Rumann stated ADHS is finishing up the review and approval process. Ms. Padilla enquired about the target audience for training sessions. Ms. Rumann stated it would be a target audience of reproductive age but it would also be the providers as well. They need the basic information.
- Lolan Lauvao asked who the target trainers are. Ms. Rumann stated the goal is to
 provide this information to insurance providers, home visit individuals, and community
 health providers, and etc. The power point comes with notes and the package is ready
 to go for individuals. There is even an example Webinar of Hushabye Nursery giving the
 presentation out in the community.
- Jacqueline Kurth, Co-Chair thanked Sara Rumann and Joyce Bulman for their presentation and motioned to have the Neonatal Abstinence Syndrome Community Toolkit added to the Rx Toolkit and Resource Hub
- Alyssa Padilla made a motion to add to the Neonatal Abstinence Syndrome Community
 Toolkit added to the Rx Toolkit Strategy 2 and Resource Hub. Lolan Lauvao seconded
 the motion.

Update Trauma Informed Substance Use Prevention Training

- Co-chairperson Jacqueline Kurth introduced the second agenda item and invited Emily Uline-Olmstead, GOYFF, to review the Trauma Substance Use Prevention Training Modules.
- Ms. Uline-Olmstead reviewed the goal of the project is to empower coalitions in trauma-informed strategies that increase effectiveness of prevention, treatment, and recovery programs by cultivating relationships with stakeholders. Thus, the presentations were designed using SAMSHA's four-prong model for trauma-informed systems Realize, Recognize, Respond, and Resist re-traumatization. Community coalitions will be provided training coaches and training to further assist them in developing trauma-informed partnerships and initiatives with schools, faith-based organizations, direct service providers and the criminal justice systems. Online training modules will be available after the initial regional trainings.
- Ms. Uline-Olmstead reported the Phoenix training on August 9th had 80 participants representing 12 coalitions and the Flagstaff training on August 12th had 22 participants representing 6 coalitions.
- Lolan Lauvao provided positive feedback to the COT workgroup about his experience
 at the training on August 9th and reported his coalition has already started brainstorming
 about how they will utilize their coach and continue to strengthen their partnerships with
 stakeholders.
- Alyssa Padilla asked if this is something which could be included in the Rx toolkit. Ms.
 Kurth, Co-Chair agreed the more places to access this resource the better and this will
 be added to September's agenda for further discussion.

Agency/Partner Updates

- Tracy Cruickshank, Co-Chair reported Maricopa County Dept of Public Health has completed an online oral health opioid training. This will provide Continuing Education Units (CEUS) for oral health practitioners.
- Shelia Sjolander provided an update reviewing the status of the state opioid action plan. ADHS is hoping to have it released in the next couple of weeks. ADHS is also

- finalizing the 2018 opioid deaths reported from death certificate. The opioid fatality review team should have their first report finished at the end of September.
- Brett Klein reminded the workgroup about the Annual Drug Summit will occur September 23rd and 24th. Mr. Klein also provided an update that the HIDTA completed and published the Arizona drug threats for 2019. This report discusses all the statewide police partnerships and offered to make arrangements and do a presentation at a future workgroup meeting.
- Gabrielle Richard report AHCCCS has completed writing the full application for substance abuse and mental health block grant and hopes it will go out for public comment by end of day and reported the actual application will be due in September.
- Jessica Bell reported the board of pharmacy continues to promote integration of the Controlled Substance Prescription Monitoring Program (CSPMP) into electronic health record systems to provide more efficient access to CSPMP data and the Arizona State Board of Pharmacy (ASBP) is in the process of connecting with a second data-sharing hub (RxCheck), which is a key piece of ADHS and MCDPH receiving CDC Overdose to Action grant funding.
- Lolan Lauvao reported the Urban Indian Coalition is very excited to begin working with their coach and updated the workgroup on the recently received grants which will continue the coalition's prevention efforts
- **Deborah Stoks** reported the National Guard continues to support coalitions; including Chandler, Way Out West. Also continuing to update the prevention resource hub and waiting for Governor's Office of Youth, Faith, and Family leadership to approve hub.
- Alyssa Padilla stated the University of Arizona Rural Center for Health has just finished training 117 community health workers who learned how to recognize an overdose and administrator naloxone.

Future Meeting Dates

 The next three meetings of the Community Outreach and Training Workgroup is scheduled for: Tuesday, September 17, 2019 at 1:00pm and Tuesday, October 15, 2019 at 1:00pm

Call to Public

Angie Geren, ACE Consortium clarified the coaches will be paired with each coalition
and will determine how the coalition would like to implement and utilize the modules.
Coaches will receive further training on modules along with technical assistance so they
are comfortable facilitating the trainings. Coaches and coalitions are encouraged to utilize
the training as it works within their community through either further coalition training
and/or community training. All coaches/coalitions are required to schedule and facilitate
their first training within 90 days of regional trainings.

Adjourn

- Jacqueline Kurth, Co-Chair, called for a motion to adjourn.
- Thomas Kelly, moved to adjourn the meeting. The motion was seconded by Alyssa Padilla. The meeting was adjourned at 2:15 pm.